

# CELEBRATE AND TRUST GOD

CELEBRATE GOD!

PHILIPPIANS 4:4-8



## The Heart of the Matter

Life is meant to be celebrated, not merely endured. Those who believe that understand that happiness is a choice we make every day. Happiness isn't based on who won the ballgame, how much weight we lose, or which lotto numbers we choose. It's not about the change in the weather, how young or old you are, or any other circumstance. None of these things matter. *Life is to be celebrated, not merely endured.* Get that into your head! To help you do that, let's look at a man who had every reason to be down in the dumps but wasn't. He could celebrate life because he celebrated God.



## Discovering the Way

### 1. Celebrate Life by Celebrating God (Selected Scriptures)

Paul knew the difficulties of life. But he didn't let life get him down; he celebrated life by celebrating God.

### 2. Celebrating God Helps Us Stay in the (Rat) Race (Philippians 4:4-8)

When running the race of life gets tiresome, remember four divine truths from Paul's pen.

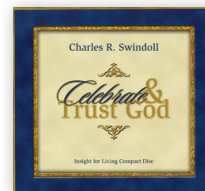


## Starting Your Journey

Make it your aim to celebrate God as a way of life, and you'll not only stay in the race of life; you'll win. God will see to it!



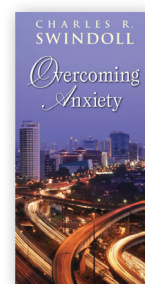
## Tools for Digging Deeper



**Celebrate and Trust God**  
by Charles R. Swindoll  
CD set



**How Can I Win Over Worry?**  
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booklet



**Overcoming Anxiety**  
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*Committed to Excellence in Communicating Biblical Truth and Its Application*

# CELEBRATE AND TRUST GOD

## TRUST GOD!

1 SAMUEL 30:1-4; PSALM 91:1-2, 14-16; PROVERBS 3:5-6



### The Heart of the Matter

Sometimes the simplest messages are the hardest to obey. The simplest messages are also the easiest to forget. One such simple message is only two words. It rarely comes to our minds or crosses our lips when life suddenly turns dark and dreary, even though we know these two words are true and can have powerful results in our lives. What is this message? Well, in plain and simple language: TRUST GOD! Easy to say, hard to do. But perhaps a page from David's life can make remembering and obeying this simple message a little bit easier.



### Discovering the Way

#### 1. A Command That's Hard to Obey (Proverbs 3:5-6)

Proverbs 3 commands us to trust in the Lord and not in ourselves, but it sure is difficult to do.

#### 2. A Situation That Was Hard to Handle (1 Samuel 30:1-6)

David suddenly faced a life-and-death situation that left him one option: trust in God.

#### 3. A Promise That's Easy to Live With (Psalm 91:1-2, 14-16)

The Lord promises protection and blessings for those who trust in Him.



### Starting Your Journey

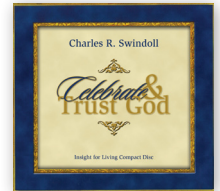
We do not know what lies ahead of us in our lives, but God knows and He is trustworthy. So, today, make it your firm commitment to trust God, no matter what comes.



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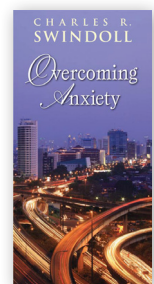
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