The Heart of the Matter
Everybody gets older. Admit it or not. The question is, “Will we grow sweeter, or will we rot?” Once all the children have left the nest and two people who honeymooned together twenty-five or thirty years ago are left to “start over,” how can they resist negative tendencies and stay young at heart? How can they support each other’s growth toward spiritual maturity? Solomon, in the last two chapters of Ecclesiastes, set forth five reminders that couples must heed if they want to get better as they get older.

Discovering the Way
1. Five Reminders for a Better Marriage (Ecclesiastes 11:1–8; 12:1–7)
As couples get older, they must heed these five principles to continually get better: live realistically, give generously, adapt willingly, trust fearlessly, and rejoice daily.

Starting Your Journey
Even though you age, always determine to stay young at heart, to be engaged in the lives of others, and to remain a vital part of God’s work on earth.