

# THREE “MUSTS” FOR A NEW YEAR

LUKE 9:22–25



## The Heart of the Matter

Whenever a new year draws near, most of us follow certain routines to get ready for the upcoming twelve months. Some of us make resolutions—promises of what we’d like to start doing and what we’d like to stop doing. Others of us look over a calendar of the new year, jotting down notes to help us remember significant dates—birthdays, anniversaries, holidays. Others have different routines, but all of us look forward to a new year with the hope that our lives will be lived with purpose. No one wants to look back at the end of the year and see squandered time. No one wants to drift aimlessly through life, doing things that don’t have some lasting value. The difficulty lies in the fact that many of us simply don’t know what we need to do to give life purpose. Well, Jesus has three answers—three “musts”—for each of us.



## Discovering the Way

### 1. A Passion Prediction (Luke 9:22–23)

Jesus predicted His own passion—His own death and resurrection—as well as the passion each of His disciples would experience.

### 2. The Three “Musts” for a Purposeful Life (Luke 9:23–25)

To make life purposeful, we all must deny ourselves, must take up our crosses daily, and must follow Christ.

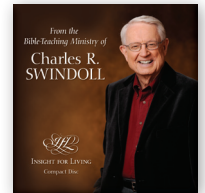


## Starting Your Journey

A life lived with purpose is one in which following Christ means more than believing in Him—it means obeying Him. Obeying Him means more than accepting truth—it means tasting death. And tasting death means more than occasional unselfishness—it means dying to self every day.

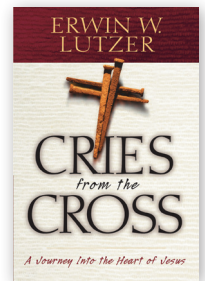


## Tools for Digging Deeper



### Three “Musts” for a New Year

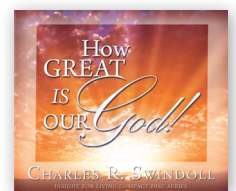
by Charles R. Swindoll  
compact disc



### Cries from the Cross:

#### A Journey Into the Heart of Jesus

by Erwin W. Lutzer  
hardcover book



### “The Cup That He Drank” from the series *How Great Is Our God!*

by Charles R. Swindoll  
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INSIGHT FOR LIVING

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