

LIFE LESSONS JUST FOR WOMEN  
THE WOMAN WHO FEARS THE LORD  
PROVERBS 31



### The Heart of the Matter

The fear of the Lord stands as one of the significant emphases of the book of Proverbs. It involves following God with reverence and taking His direction seriously. Yet this has become an increasingly rare and invaluable quality in a culture, both inside and outside the church, that promotes striking out on our own and making our own personal needs and desires primary. To counter this, Proverbs offers today's woman guidance on becoming a woman who fears the Lord.



### Discovering the Way

#### 1. Traits of a Godly Woman (Proverbs 31)

Godly women are rare and invaluable, and those who are also married present four distinct qualities to their husbands.

#### 2. A Woman Who Fears the Lord (Proverbs 9:10)

Godly women live by the guidance and direction God provides. Five qualities distinguish women who live according to the fear of the Lord.

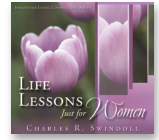


### Starting Your Journey

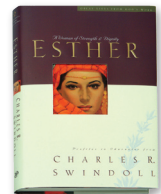
Pursuing a life under God's guidance can lead one of two ways: to a path of rigidity that takes the joy out of life, or to a spirit of grace that makes life easier for everyone. Choose the more balanced approach as you seek to live in the fear of the Lord.



### Tools for Digging Deeper



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LIFE LESSONS JUST FOR WOMEN  
TIPS ON BEING A TERRIFIC MOTHER  
SELECTED SCRIPTURES



## The Heart of the Matter

Motherhood seems to be on the wane these days, at least in North America and Europe. Birthrates are falling as more and more couples opt out of having children, choosing lives focused on more “valued” pursuits. Others look to redefine the notion of family so that it need not include a mother at all! And those who do choose children often have less idea than ever about what makes a good mother. Thankfully, the Bible offers us a portrait of a premiere mother in all of history — Mary, the mother of Jesus.



## Discovering the Way

### 1. A Terrific Mother (Luke 1–2; John 19:25–27)

Based on the life of Mary, the mother of Jesus, we find six qualities that describe terrific mothers.

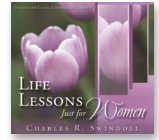


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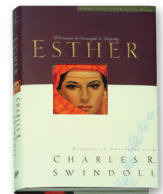
Mothers everywhere have the opportunity to follow Mary’s example of thoughtful and committed motherhood, but first they must commit to following her Son.



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LIFE LESSONS JUST FOR WOMEN  
WHAT SUBMISSION REALLY MEANS  
EPHESIANS 5:21-24



### The Heart of the Matter

Some sections of Scripture seem more like a minefield littered with explosives than a treasure chest full of truth. One such section of Scripture deals with the topic of a wife submitting to her husband. We step into it with the full understanding that the topic is known for flaring tempers and causing misunderstandings. Rather than ignoring it, how much more does this passage cry out for a level-headed approach informed by historical, cultural, and biblical contexts? So let's tackle the question: What does submission really mean?



### Discovering the Way

#### 1. Setting the Context (Ephesians 5:18–21)

This controversial text comes in a particular context, one that emphasizes the filling of the Spirit and the presence of submission in every relationship. However, this text has been regularly misunderstood and misapplied.

#### 2. Submission in the Roles of Life (Ephesians 5:22–24)

The life of submission is founded upon the inherent dignity and equality of all people, being modeled after the life of Christ Himself.

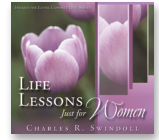


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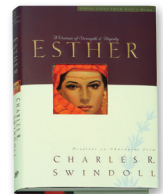
To embrace this hard truth, we need to think biblically and reason theologically, making God and the Scriptures the starting point for our thinking.



### Tools for Digging Deeper



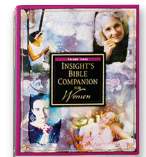
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LIFE LESSONS JUST FOR WOMEN  
STRENGTH AND DIGNITY ON PARADE  
ESTHER 2:8-20



## The Heart of the Matter

Esther, a beautiful, young Jewish woman, eventually became the queen of Persia—a decision that would later preserve the destiny of the Jewish race. Woven through the book that bears her name are many of the qualities that caused Esther to stand out and find “favor in the eyes of all who saw her” (Esther 2:15). Such a rare blend of beauty and dignity! These qualities still hold our interest today, for now, as then, they cause a watching world to stand up and take notice. All women can be encouraged to follow Esther’s example . . . for these qualities are not unique to that one lovely woman.



## Discovering the Way

### 1. God-Given Strengths Found in Women

God has instilled a variety of strengths in women, including a unique vulnerability in relationships and a special responsiveness to the things of God.

### 2. Esther: The King’s Favorite . . . and Why (Esther 2:8–20)

As one among many beautiful and accomplished women, Esther won over the king of Persia. Six qualities served as the foundation of her character.

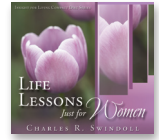


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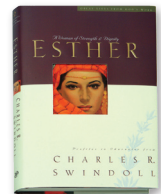
As we seek to emulate the qualities of Esther, we need to ask God to cultivate character within us and trust God to control the circumstances around us.



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