CELEBRATE AND TRUST GOD **CELEBRATE GOD!** PHILIPPIANS 4:4-8



Life is meant to be celebrated, not merely endured. Those who believe that understand that happiness is a choice we make every day. Happiness isn't based on who won the ballgame, how much weight we lose, or which lotto numbers we choose. It's not about the change in the weather, how young or old you are, or any other circumstance. None of these things matter. Life is to be celebrated, not merely endured. Get that into your head! To help you do that, let's look at a man who had every reason to be down in the dumps but wasn't. He could celebrate life because he celebrated God.



Discovering the Way

1. Celebrate Life by Celebrating God (Selected Scriptures)

Paul knew the difficulties of life. But he didn't let life get him down; he celebrated life by celebrating God.

2. Celebrating God Helps Us Stay in the (Rat) Race (Philippians 4:4–8) When running the race of life gets tiresome, remember four divine truths from Paul's pen.





Celebrate and Trust God by Charles R. Swindoll CD set



How Can I Win **Over Worry?** by Insight for Living booklet



Overcoming Anxiety by Insight for Living booklet

For related resources, please call: USA 1-800-772-8888 AUSTRALIA 1300 467 444 CANADA 1-800-663-7639 UK 0800 787 9364 or visit www.insight.org or www.insightworld.org



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of life; you'll win. God will see to it!

Make it your aim to celebrate God as a way of life, and you'll not only stay in the race

6

CELEBRATE AND TRUST GOD

Trust God!

1 Samuel 30:1-4; Psalm 91:1-2, 14-16; Proverbs 3:5-6



The Heart of the Matter

Sometimes the simplest messages are the hardest to obey. The simplest messages are also the easiest to forget. One such simple message is only two words. It rarely comes to our minds or crosses our lips when life suddenly turns dark and dreary, even though we know these two words are true and can have powerful results in our lives. What is this message? Well, in plain and simple language: TRUST GOD! Easy to say, hard to do. But perhaps a page from David's life can make remembering and obeying this simple message a little bit easier.



Discovering the Way

1. A Command That's Hard to Obey (Proverbs 3:5–6)

Proverbs 3 commands us to trust in the Lord and not in ourselves, but it sure is difficult to do.

2. A Situation That Was Hard to Handle (1 Samuel 30:1-6)

David suddenly faced a life-and-death situation that left him one option: trust in God.

3. A Promise That's Easy to Live With (Psalm 91:1–2, 14–16)

The Lord promises protection and blessings for those who trust in Him.



Starting Your Journey

We do not know what lies ahead of us in our lives, but God knows and He is trustworthy. So, today, make it your firm commitment to trust God, no matter what comes.





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Celebrate God all day, every day. I mean, *revel* in Him! Make it as clear as you can to all you meet that you're on their side, working with them and not against them. Help them see that the Master is about to arrive. He could show up any minute!

Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns. Before you know it, a sense of God's wholeness, everything coming together for good, will come and settle you down. It's wonderful what happens when Christ displaces worry at the center of your life.

Summing it all up, friends, I'd say you'll do best by filling your minds and meditating on things true, noble, reputable, authentic, compelling, gracious—the best, not the worst; the beautiful, not the ugly; things to praise, not things to curse.

Philippians 4:4–8 (*The Message*)



In Memoriam — Instrumental

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Great Is Thy Faithfulness

Great is Thy faithfulness, O God, my Father; There is no shadow of turning with Thee. Thou changest not; Thy compassions, they fail not. As Thou hast been Thou forever wilt be.

Chorus: Great is Thy faithfulness! Great is Thy faithfulness! Morning by morning new mercies I see; All I have needed Thy hand hath provided. Great is Thy faithfulness, Lord, unto me!

Pardon for sin and a peace that endureth, Thy own dear presence to cheer and to guide. Strength for today and bright hope for tomorrow— Blessings all mine with ten thousand beside!

Repeat chorus

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You Are My Hiding Place—Instrumental

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A Mighty Fortress Is Our God

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My Jesus, I Love Thee

My Jesus, I love Thee, I know Thou art mine; For Thee all the follies of sin I resign; My gracious Redeemer, my Savior art Thou; If ever I loved Thee, my Jesus, 'tis now.

I love Thee because Thou has first loved me, And purchased my pardon on Calvary's tree. I love Thee for wearing the thorns on Thy brow: If ever I loved Thee, my Jesus 'tis now.

In mansions of glory and endless delight I'll ever adore Thee in heaven so bright; I'll sing with the glittering crown on my brow: If ever I loved Thee, my Jesus, 'tis now. My gracious Redeemer My Savior art Thou; If ever I loved Thee, my Jesus 'tis now. My Jesus 'tis now.

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Amazing Grace—Instrumental

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