

Romans 7:1–7, 13–24



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The Heart of the Matter

Though Christians are free from the Mosaic Law as a means of righteous living, that immovable standard of holiness still reminds believers that we are sinners in need of grace. And though we have been declared "not guilty" because of Christ's death and resurrection and given the Spirit to do good, *Christians still do wrong!* We're not short on desire to do good, but when it comes to pulling it off, why do we keep blowing it? Paul answered this question in Romans 7.



Discovering the Way

1. Theoretically, Where We Stand (Romans 7:1-7, 13)

Though believers are not under the Mosaic Law for righteousness, the Law affects us in three important ways: it defines specific sins, it arouses desire to sin, and it exposes the cause of sin.

2. Experientially, Why We Struggle (Romans 7:14-24)

Three important facts emerge regarding our struggle. First, we cannot curb our disobedience on our own. Second, we do not fulfill our own wishes to be good. Third, we dare not ignore our own sinful nature. Left to ourselves, we are wretched people.

Starting Your Journey

Believers must respond to the fact of our struggle against sin in four ways. First, freely admit you do not understand. Second, fully accept that nothing good dwells in your flesh. Third, always leave room for imperfection. Fourth, openly admit your true feelings of frustration.





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