

# SPECIAL WORDS FOR SPECIAL PEOPLE: OFFERING GRACE TO THE WEARY

— HOPE BEYOND DISSATISFACTION: A FORMULA THAT BRINGS RELIEF —

1 PETER 5:5–7



## The Heart of the Matter

In an age such as ours—where emphasis is placed on self-promotion and polishing our image, when looking good is more important than being good, when making an impression is more important than integrity—who has time for submission, humility, dependence, and trust? But if we crave relief from dissatisfaction, there is a “formula” in the New Testament that will give us that relief.



## Discovering the Way

### 1. Today's Major Messages, Promising “Success”

Four words spell “success” today: *fortune*, *fame*, *power*, and *pleasure*.

### 2. God's Ancient Plan, Bringing Relief (1 Peter 5:5–7)

Regarding authority, submit yourself to the wise. Regarding attitude, humble yourself under God's hand. Regarding anxiety, throw yourself on the mercy and care of God.

*A Simple Formula:* Submission + Humility – Worry = Relief

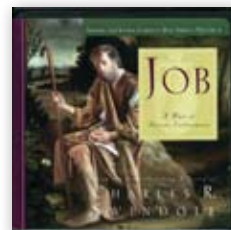


## Starting Your Journey

Three great needs effect change in our lives. First, we need direction so we can know to whom we should submit. Second, we need discipline to restrain our hellish pride. Third, we need discernment so we can spot the beginnings of anxiety.



## Tools for Digging Deeper



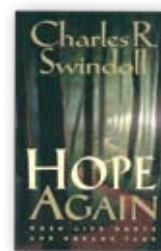
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