

# INSIGHTS ON ROMANS: THE CHRISTIAN'S CONSTITUTION

LET'S TALK ABOUT OUR WALK

ROMANS 8:1-13



## The Heart of the Matter

Everybody desires a fulfilled life. We long to be less frustrated and more faithful in our walk with the Lord. But is this even possible? God's answer is yes! The changes necessary to live an abundant life are humanly impossible; we simply *cannot* pull them off no matter how hard we try! But Romans 8 offers good news: the victorious Christian life is possible through the power of Him who lives within us. The secret lies in allowing God's Spirit to take control and change our spiritual walk.



## Discovering the Way

### 1. The Believer before God (Romans 8:1-4)

Three magnificent truths help us to see clearly our relationship with God: we are eternally secure in Christ, we are internally free from sin's domination and the fear of death, and we are positionally righteous.

### 2. The Contrast between Lifestyles (Romans 8:5-11)

Walking according to the flesh results in a fleshly mind-set, while walking according to the Spirit leads to a spiritual mind-set.

### 3. Two Obligations We Must Face (Romans 8:12-13)

First, we must not walk according to the fleshly nature. Second, we must not rely on our own strength—but on the Spirit of God.

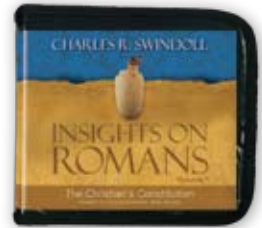


## Starting Your Journey

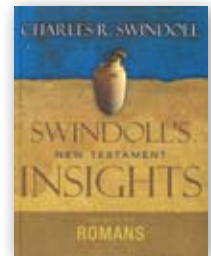
We must all answer two significant questions. First, am I absolutely certain that I am a believer in Jesus Christ? And second, is my mind firmly set on my own flesh or on God's Spirit?



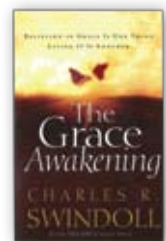
## Tools for Digging Deeper



**Insights on Romans:  
The Christian's  
Constitution, Volume 1**  
by Charles R. Swindoll  
CD series



**Swindoll's  
New Testament Insights:  
Insights on Romans**  
by Charles R. Swindoll  
hardback book



**The Grace Awakening**  
by Charles R. Swindoll  
hardback book

To order any of these related  
resources, call  
**0800-915-9364**  
or visit  
[www.insightforliving.org.uk](http://www.insightforliving.org.uk)