

# PRACTICAL CHRISTIAN LIVING: A ROAD MAP TO SPIRITUAL GROWTH

JESUS: HE IS LORD  
EPHESIANS 3:14–4:32



## The Heart of the Matter

When we study the life of Jesus, we often consider the mystery of His incarnation, His miraculous birth from a virgin, His jaw-dropping miracles, the cruelty of His crucifixion, and the hope of His resurrection. His position as Lord over all is one truth that sometimes gets overlooked. Because He is Head over all the church and has first place in everything, it stands to reason that nothing falls outside the scope of His rule—including, of course, every aspect of our lives. When we understand His lordship over everything, we see our role as Christians much more clearly. He has called us to surrender our lives completely to Him.



## Discovering the Way

### 1. Jesus: Lord of All “Externals”

Jesus is Lord over everything that goes on outside of us, including relationships, work, circumstances, and the body.

### 2. Jesus: Lord of All “Internals”

Jesus’s lordship extends even to the unseen places in all our lives, including the mind, the emotions, and the will.



## Starting Your Journey

Each of us should examine our lives and surrender every area of our lives to the service of Jesus Christ.



## Tools for Digging Deeper



**Practical Christian Living**  
**A Road Map to**  
**Spiritual Growth**  
by Charles R. Swindoll  
compact disc series  
((10 messages on 10 CDs +  
optional 167 page Insight's Bible  
Application devotional  
Bible Companion))



**Practical Christian Living**  
**A Road Map to**  
**Spiritual Growth**  
Insight's Bible  
Application Series  
paperback book

To order any of these related  
resources, call  
**0800-787-9364**  
or visit  
[www.insightforliving.org.uk](http://www.insightforliving.org.uk)