

# PRACTICAL CHRISTIAN LIVING: A ROAD MAP TO SPIRITUAL GROWTH

## SHEDDING LIGHT ON OUR DARK SIDE

### SELECTED SCRIPTURES



### The Heart of the Matter

When we accepted the forgiveness Christ bought for us on the cross, His blood washed away the penalty for our sins . . . but not our ability to sin. Yet with the new life in Christ given to us as a free gift and with the Holy Spirit working to bear fruit in our lives, we have something we did not have before our salvation—the ability to resist temptation and refuse to sin. Understanding how sin affects us and what can be done when we sin will help us get a handle on living the Christian life. Unless and until we shed light on our dark side, we will be confused and unable to walk in victory over sin.



### Discovering the Way

#### 1. Some Clarifying Remarks about the Christian and Sin

First, becoming a Christian is not synonymous with becoming a model of perfection. Second, remaining sinners by nature means we can become sinners in practice. Third, living above the practice of sin is not automatic.

#### 2. Key Questions That Deserve an Answer

The issue of the Christian's sin nature brings up five important questions: 1.) What happens when Christians sin? 2.) Is it possible for Christians to be enslaved to sin? 3.) Does sin have power over Christians? 4.) How can Christians recover and walk in victory? 5.) Are there some techniques that will help?



### Starting Your Journey

At least four practical techniques will help achieve and maintain a consistent walk with Christ.



### Tools for Digging Deeper



**Practical Christian Living  
A Road Map to  
Spiritual Growth**  
by Charles R. Swindoll  
compact disc series  
((10 messages on 10 CDs +  
optional 167 page Insight's Bible  
Application devotional  
Bible Companion))



**Practical Christian Living  
A Road Map to  
Spiritual Growth**  
Insight's Bible  
Application Series  
paperback book

To order any of these related  
resources, call  
**0800-787-9364**  
or visit  
[www.insightforliving.org.uk](http://www.insightforliving.org.uk)