



### The Heart of the Matter

Complaints and grumbling come so much more easily to us than praise and thanksgiving—this in spite of the fact that God has lavished us with His goodness and mercy. His ultimate act of love is His plan to save us from our sins. God has consistently acted on our behalf to bring us to Himself, and ultimately, to “seal” us—to make our salvation sure. In a world that seeks to undermine our confidence in the unseen, God assures those who believe in His Son that they will be forgiven and saved to spend eternal life with Him. For this, He deserves our praise.



### Discovering the Way

#### 1. A Doxology of Praise

This passage of praise is structured around the triune God—Father, Son, and Spirit.

#### 2. Ten Reasons to Praise God (Ephesians 1:3-14)

From choosing to redeeming, from forgiving to sealing, God has done so much for His people. Our response? Praise Him.



### Starting Your Journey

The reasons we praise God all begin with Him, so He gets all the glory. And since the reasons all center on Christ, they are all dependent on His death.



### Tools for Digging Deeper



**Practical Christian Living**  
**A Road Map to Spiritual Growth**  
by Charles R. Swindoll  
compact disc series  
(10 messages on 10 CDs + optional 167 page Insight's Bible Application devotional Bible Companion))



**Practical Christian Living**  
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