

DAVID: A MAN OF PASSION & DESTINY  
SOFT MUSIC FOR A HARD HEART  
1 SAMUEL 16:14–23



### The Heart of the Matter

Few things comfort us more than music. Our anxieties, when enveloped in the moving strains of a song, seem far less severe. Most of us have piles of music that bring harmony to our hearts and satisfaction to our souls when we are hurting. The therapeutic value of music is nothing new. The Bible's earliest genealogical table includes "those who play the lyre and pipe" (Genesis 4:21). So it was with David, the youthful king-elect, who was more than a faithful shepherd and a man of valor. He was first known as a skillful musician, a talent that brought him face-to-face with his predecessor, King Saul.



### Discovering the Way

#### 1. Saul's Strange Malady (1 Samuel 16:14–15)

The Spirit of the Lord departed from Saul, making way for an evil spirit to terrorize him in his final days as king.

#### 2. David's Unique Ability (1 Samuel 16:16–23)

David's skill with the lyre allowed him into Saul's presence so that the music might soothe Saul's spiritual torment.

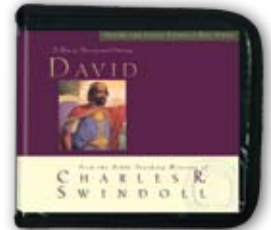


### Starting Your Journey

When David left Saul, the king was refreshed and relieved. Do the things you expose yourself to make that kind of positive impact on you? Or do they encourage and foster the frustration and anger already within you?

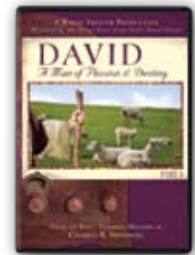


### Tools for Digging Deeper



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