

BECOMING A PEOPLE OF GRACE: AN EXPOSITION OF EPHESIANS

PAUL ON HIS KNEES . . . AGAIN

EPHESIANS 3:14–21



The Heart of the Matter

What do you do when you lose heart? When the wind goes out of your sails and your morale drops to a new low? When life has weighed you down once again and those times of encouragement and joy seem no more than a distant memory? Paul, sitting in a Roman prison and yet filled with the joy of the Lord, was concerned about the Ephesian believers falling into discouragement over his fate. He wanted none of that! So he prayed to God on their behalf that they would be filled with the love of Christ and the strength of His Spirit.



Discovering the Way

1. Paul Prayed to the Father (Ephesians 3:14–15)

Paul's prayer took place on his knees, indicating his submission to the authority and power of God.

2. Paul's Petitions for the Ephesians (Ephesians 3:16–19)

Paul addressed four areas—*physical*, *emotional*, *mental*, and *spiritual*—in his prayer that the Ephesians might not lose heart.

3. Paul Praised the Father (Ephesians 3:20–21)

Paul recognized the great power of God that works for us and in us, bringing glory to Himself.

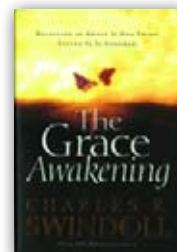


Starting Your Journey

If you struggle with discouragement, then claim God's strength, remember that you're loved, and seek His fullness.



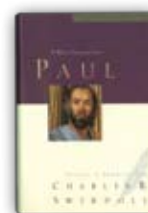
Tools for Digging Deeper



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